

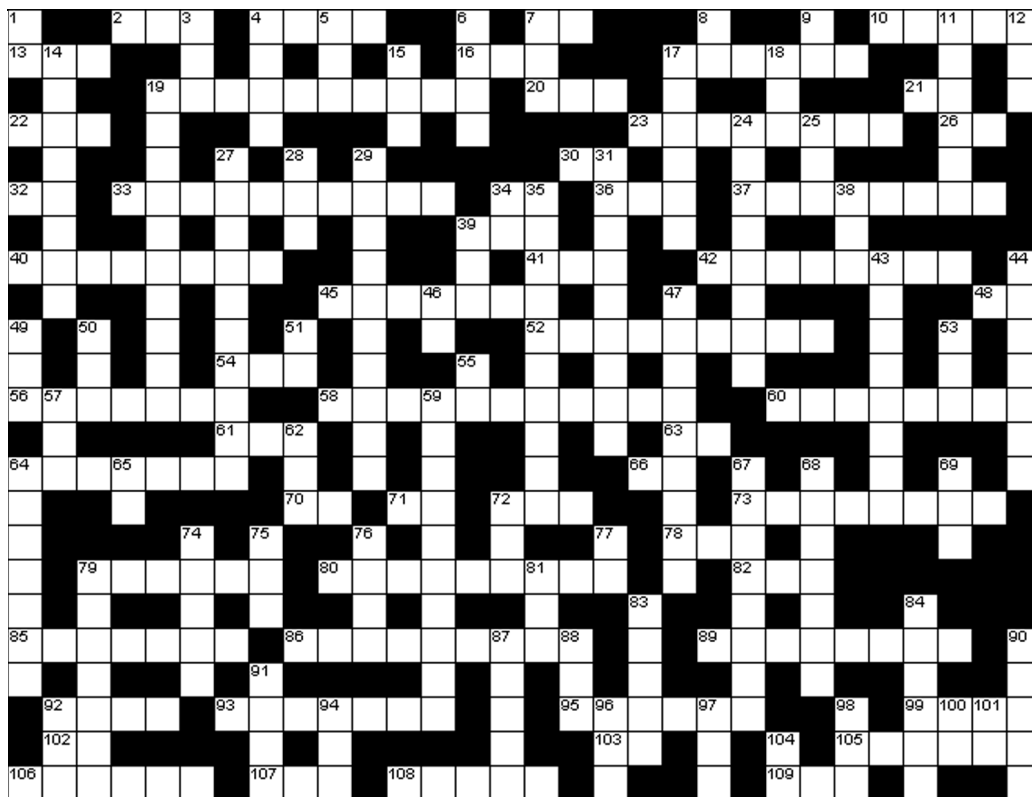


# Nutritional Aspects of ESRD



## ACROSS

2. National Kidney Foundation
4. Beverage that is a good source of protein
7. Opposite of stop
10. Complex liquid organ that circulates throughout the cardiovascular system
13. Acronym for the hormone which causes concentrated urine
16. Acronym for gas sterilant
17. Straw colored, non-cellular liquid portion of the blood
19. Breakdown of body's lean muscle tissue
20. Acronym for drug that chelates aluminum and iron
21. Abbr for mother
22. A solidified animal or vegetable oil
23. Oral anticoagulant
26. Symbol for sodium
30. Doctor of Medicine
32. City called the "Big Apple" Abbr.
33. Cation exchange resin for high potassium
34. Abbr.. for apical pulse
36. Not healthy; sick
37. Trade name for calcitriol injection
39. Trade name for drug isoniazid
40. Blood test that indicates iron stores in the body
41. Edible grain
42. The amount of time the body takes to metabolize or inactivate half the amount of the initial concentration of a drug, two words
45. Medications that chemically bind phosphorus in the gastrointestinal tract
48. Milliliter
52. Major intracellular
54. Good source of animal protein
56. Composes the majority of cell matter. Intake necessary for body to make and repair cells and essential for body tissue growth
58. The buffer responsible for correction of acid-base balance during dialysis
60. Unit of measure equal to 1000 ml
61. Heart failure due to excess sodium and water
63. Opposite of yes
64. Old value for calcium phosphorus product
66. Abbr. "And so forth"
70. Abbr. gram
71. Registered Nurse
72. This country
73. Important aspect of good health and a state of well being. Builds muscle tissue and bone, increases strength and endurance
78. Abbr. Agricultural Research Service
79. Food that is restricted because of its high phosphorus content
80. Refers to chemical and physical changes that occur in the body
82. Abbr. teaspoon
85. Essential mineral in formation of bones and teeth. 99% in bones and teeth. 1% in plasma
86. A sauce, relish, or spice used to season food
89. Present in most foods and play a role in "speeding up" chemical reactions in the body
92. Primary waste product of protein breakdown
93. Unit of measure referring to molecular weight
95. A mechanism that regulates fluid intake. Usually caused by taking in too much sodium.
99. "Time" to take phosphate binders
102. Rhode Island, Abbr.
103. In or near the area



105. Type of high biological value protein
  106. An accumulation of waste products in the blood as a result of kidney failure.
  107. The sun gives you vitamin D and a... " "
  108. Optimal desired weight of the patient
  109. Simple blood test for anemia
- ### DOWN
1. Calcium Abbr.
  3. Food and Drug Administration Abbr
  4. Source of "High biological value protein"
  5. British toilet
  6. Prefix for blood
  7. Deity
  8. Element associated with bone disease
  9. Before noon
  11. Type of citrus juice high in potassium
  12. Weight of patient in normal fluid balance
  14. Artificial kidney
  15. Intentional false statement
  17. Trade name for calcium acetate antacid tablets
  18. A resort providing therapeutic baths
  19. Compound produced by the body at a fixed rate per 24 hours. Ideal substance to measure kidney function
  24. A synthetic dairy product for caloric supplementation
  25. Metric unit of volume equal to 10 liters
  27. A word that means a decrease in available iron and iron stores
  28. Snakelike fish
  29. Active metabolite of vitamin D
  31. Instructs patients and families on all aspects of diet
  34. A form of "a" used before vowels
  35. A mineral that is important for energy production and storage, 80% is in bone
  38. Calorie Abbr.
  39. Water frozen solid that must be counted as fluid intake
  43. A solution that has the same osmolality as body fluids
  44. The major plasma protein

46. To perform or execute
47. Type of amino acids that must be eaten for protein synthesis
49. A savory, creamy mixture for vegetables
50. Acronym for drug to treat anemia
51. Kilogram Abbr
53. One tool to assess adequacy. Should be > 70%
55. Mister
57. Fish eggs
59. Building blocks of protein, two words
62. Dried fruit very high in potassium
64. Vegetable high in vitamin K and iron
65. For example
67. Term for eliminating or to use sparingly in diet
68. Trade name for paricalcitol injection,
69. Nursing degree
72. Unidentified flying object
74. Liquid portion of blood minus clotting factors
75. Opposite of no
76. Meat with little or no fat
77. Cubic centimeter
79. Provides heat and energy for body functions
81. Licensed Vocational Nurse
83. A food stuff usually high in potassium
84. A clinical state of less than normal number of RBCs
87. Increase in interstitial fluid volume
88. Small amount of liquor
90. One thousand
91. Most common source of sodium in diet
92. One tool to assess adequacy. Should be > 70%
94. 2000 pounds
96. A meat high in sodium
97. Abbr. Standard Mortality Rate
98. Take into mouth, chew & swallow
100. Electromagnetic
101. Alcoholics Anonymous
104. Symbol for hydrogen ion concentration



# Answers

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